



## Chemin St. Jacques Hiking 8 Days — Aumont Start

### Summary

#### Length

8 days/7 nights,  
with 6 days walking

#### Dates

Any start date between May  
1 and September 15

#### Level

13 to 24 km daily (7 to 14  
miles), averaging 18.5 km  
(11.5 miles)

This trip is suited to experi-  
enced hikers

On most days there are  
climbs and descents which  
can be steep and require  
caution if the weather is wet

*Follow in the footsteps of pilgrims who, for over a thousand years, travelled through France on their way to the shrine of the Apostle James the Elder at Santiago de Compostela in Spain. Follow the Grande Randonnée (GR) 65, a long distance walking path, to travel the first 200 km of the Way of St. James from Le Puy to Conques. Cross the rugged countryside of the Auvergne and the Massif Central, through picturesque towns and past the roadside crosses, chapels, and looming fortresses that marked the way for the faithful in centuries past.*

## Itinerary



#### Day 1

Arrive in Aumont-  
Aubrac, a charm-  
ing town that  
dates back to Ro-  
man times. It lies  
on the ancient Via  
Agrippa that con-  
nected Lyon and  
Toulouse. Be sure

to visit the church of St. Etienne, which  
was once part of a 12th-century monas-  
tery.

#### Day 2

Enjoy a day rambling through woods and  
across beautiful pastures and moors be-  
fore climbing to Montgros, near the cross-  
country ski centre of Nasbinal.

#### Day 3

This is your last day on high plateaus. Pass  
through Aubrac where the Brothers Hospit-  
alier once kept an estate in order to pro-  
tect the pilgrims. Arrive at the pretty town  
of Saint-Chély-D'Aubrac.

#### Day 4

Walk through remote country to the forti-  
fied town of Saint-Côme-d'Olt, designated  
one of the Plus Beaux Villages de France.

#### Day 5

Enter the Lot River  
Valley; visit won-  
derful old towns  
like Espalion and  
Saint-Pierre de  
Bessuéjols on  
your way to  
Estaing, another  
Plus Beau Village.



#### Day 6

Beautiful canyon scenery and simple vil-  
lages mark the route to Espayrac graced by  
an old stone cross and the church of Saint-  
Pierre.

#### Day 7

A short day's walk takes you to Conques,  
clustered around the huge abbey church of  
Ste-Foy, where the relics of Ste. Foy, a  
Christian martyr, once drew thousands of  
pilgrims. Conques itself is a magical desti-  
nation in a dramatic setting.

#### Day 8

Explore Conques before departing for home  
or other destinations.



## ***How to get there?***

The tour starts in the town of Le Puy-en-Velay, located about 360 km south of Paris.

There are several trains every day from Paris. The trip takes around six hours and usually requires at least one change.

You depart from the tour area by way of Rodez where you can connect to trains to Paris or other destinations.

## ***The Price includes:***

- 7 nights hotels
- All breakfasts and 4 dinners
- Detailed route instructions and map
- Luggage transfers

## Accommodation

### Classic



#### **Hotel Prouheze,**

Aumont d'Aubrac

This 3-star hotel has comfortable rooms equipped with all modern amenities.



#### **Auberge la Maison de Rosalie,**

Montgros

The Auberge de la Maison Rosalie is an unpretentious 2-star hotel with modern facilities. It serves a simple 'menu du jour' to its hotel guests.



#### **Hotel des Voyageurs,**

Saint Chely d'Aubrac

The Hotel des Voyageurs has bright and cheerful rooms.

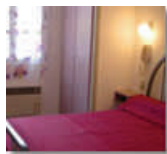
The hotel has been in the same family for four generations, and the restaurant offers delicious regional specialities.



#### **Hotel des voyageurs,**

Saint Come d'Olt

A small 2-star hotel with comfortable rooms in the centre of the village.



#### **Aux Armes d'Estaing,**

Estaing

The Hotel Aux Armes d'Estaing is a very good hotel overlooking the Lot valley. The large dining room has a fine stone fireplace in which the chef cooks a range of regional specialities.



#### **Hotel de la Vallee,**

Espeyrac

This small hotel, owned by the family Marragou, offers a warm welcome. The hotel has a pleasant restaurant and bar.



#### **Auberge de saint Jacques,**

Conques

Located in the heart of the medieval village and just in front of the famous Abbey Sainte Foy, this 2-star hotel has a very good restaurant with regional specialities.